



COACH JC

JONATHAN CONNEELY

EMPOWERED. MOTIVATED. INSPIRED.

COACHJC.COM

COACH JC'S STORY

COACH JC IS A DYNAMIC SPEAKER WHO WILL EMPOWER, MOTIVATE AND INSPIRE YOUR AUDIENCE TO WIN IN LIFE.

Coach JC grew up in New Jersey raised by a single mom. Due to the suffering and pain they experienced as a family he committed at a young age, as the man of the house, to rescue his family from this poverty stricken life. Athletics took him to Tulsa OK, where at that moment one decision would change his life forever. After hitting rock bottom and overcoming he devoted himself to studying what brings motivation, living with purpose and today teaching others how to overcome and win. Coach JC has been empowering audiences to WIN for over 15 years by coaching them on how they can apply strategic principles within their own lives and businesses. Coach JC uses his proven system along with his own life story to provide the audience an unforgettable experience as he

takes them through a journey of overcoming, restoration and winning.

As the performance coach of choice for Fortune 500 companies, pastors, leaders and active players in the world of professional sports (NBA, NFL, MLB), he has now become the performance coach of choice for thousands. If you need to produce more WINS in your life and business, Coach JC is your man. His [“Create The Winning Mindset”](#) system has helped thousands of people from all walks of life be more and achieve more. Whether your audience is filled with pastors, top athletes, business owners, stay-at-home moms, CEOs and nearly anyone looking to achieve more, Coach JC's message of faith mixed with action will inspire your crowd.

TESTIMONIALS

“The important reminders for those of us that are in our careers are worth the time and effort investing in this book and Coach JC's principles.

Coach JC's emphasis on the concept of “mindset” is critical to success in the world of athletics as well as the world you will enter once the game says it's time. If you take the 27 principles that Jonathan lays out and make them a part of your everyday life you will definitely become the best “you” that you can become. And that is the challenge of sports and life. To reach “your” best level!

– Kevin Eastman

Assistant Coach Los Angeles Clippers, 2008 NBA World Champion Coach with the Boston Celtics, 2008 & 2010 NBA All Star Game Coach with the Boston Celtics

THE COMEBACK KID

Before WINNING, Coach JC found himself at rock bottom, \$400k in debt, depressed, suicidal and in the fight of his life to be a father. However, after hitting rock bottom, he discovered two principles that would change his life forever. At this time, he created a new story for his life and “Coach JC” was birth. With a relentless passion, a heart of empathy and clarity on his purpose he set out on a mission to stop the suffering in people’s lives and help them be their best so they can win in life. Everything then changed! He became the youngest Division-1 Strength Coach in the nation and a trusted resource for both amateur and professional athletes. The lessons he learned in route to going from the bottom to the top make up the lessons found within his 4 books, his proven system, "How To Create The Winning Mindset" and his life changing motivational speeches.

CAREER HIGHLIGHTS

Coach JC started his career as the youngest strength and conditioning coach in the nation at the Division 1 level and later created Dynamic Sports Development, one of the top training facilities in the country for athletes from age 9 to the pro’s. Coach JC has also transformed thousands of women’s lives with the first ever outdoor fitness program, Bootcamp Tulsa. Read more about Coach JC’s story here.

Coach JC has a passion for giving back which inspired him to create the non-profit, Fit First Responders. To date his non profit has raised over \$1.3 million dollars and through their FIT FOR DUTY. FIT FOR LIFE wellness programs are responsible for training over 4000 first responders from 78 different first responding agencies.

COACH JC’S DYNAMIC PERSONALITY INSPIRES THOUSANDS OF PEOPLE EVERY DAY

On television, radio, speaking engagements and through his vast social media following of over 90,000 loyal fans on [Facebook](#), [Twitter](#) and [Instagram](#) and over a million video views on [YouTube](#).

Watch Coach JC in the media [here](#).



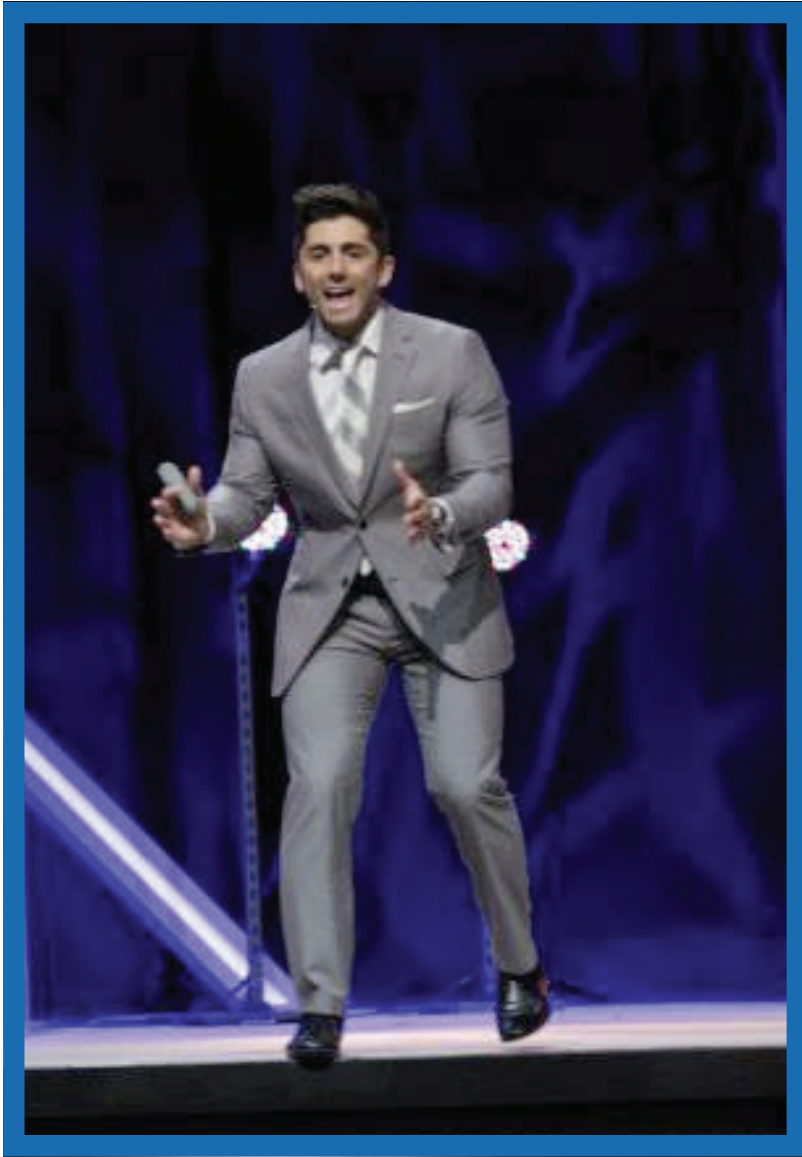
To date Coach JC has written four powerful books including:
[The Secret to Real Success](#), [The Secret to Real Weight Loss Success](#) and [The Secret to Real Athlete Success](#).

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COACH JC IN THE MEDIA

Coach JC is in the news every week on television, radio and in print teaching thousands of people how to win in fitness, nutrition and in life! Check out his recent media clips [here: www.coachjc.com/win-in-life/media/](http://www.coachjc.com/win-in-life/media/)



AS SEEN ON



TESTIMONIALS

"Coach JC will motivate, inspire and empower you to live your dreams and achieve greater results. But more importantly, Coach JC comes from his heart and truly cares about making a positive difference."

– James Malinchak Featured on the ABC Hit TV Show, "Secret Millionaire" Author, Millionaire Entrepreneur Secrets Founder, www.BigMoneySpeaker.com

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"JC is a fantastic trainer, teacher, speaker and life success coach. I've heard and read many "experts" speak about the mental approach of life and sports, but I have never seen someone present these concepts and techniques in such a practical and insightful way."

– Ian Rubel Senior Vice President - Pinnacle Management Corp.

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"Coach JC will motivate you and inspire you to think bigger and Create The Winning Mindset so that you can achieve peak performance on and off the field. If you are ready to win as a coach or an athlete then you need to read, The Secret To REAL Athlete Success from my friend Coach JC."

– Joe Theismann Super Bowl Champion

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SPEAKING TOPICS

Coach JC's speaking topics are customized for each audience he speaks with. His WIN ALL DAY movement and message has impacted the following audiences:

WIN IN LIFE

WIN IN YOUR BODY

WIN IN BUSINESS

WIN AS A FIRST RESPONDER

WIN AS AN ATHLETE

WIN AS A LEADER

WIN AS A MAN

SPEAKING FEES

JC's heart is to bless others and he financially has never let a limited budget prevent him from sharing a message with an audience that sincerely values his time.

KEYNOTE AND BREAKOUT SESSIONS AVAILABLE

Half day and Full day are offered

His message is customized and tailored for each audience

TESTIMONIALS

"Jonathan has given you truths that will help you become the person God made you to be. These truths come from the Bible – God's wisdom. As you follow the practical, clear instruction to keep your body, mind and spirit in top condition, you will rise to a new level in your life."

Getting yourself in agreement with the Creator of the Universe is the big step in life. God loves you and His plan for you is wholeness in every part of your being."

For many years we have watched Jonathan Conneely walk out these truths. He is not telling you something he just thinks is a good idea."

These truths are ones he has put into practice."

–The Late Pastor Billy Joe Daugherty
Victory Christian Center, Tulsa, OK

**YOU WERE
BORN TO WIN
AND YOU
DESERVE TO WIN!**

"I am radically committed to making your event an over the top, high energy, first class, memorable one. I am honored and privileged to serve you, motivate you and empower your audience to WIN."

– Coach JC

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