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“Coach JC”

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5 REASONS

WHY MANY CHRISTIANS ARE LOSING

1. **Excuse Makers**
2. **Blame & Complain**
3. **Lazy**
4. Have become **Spiritually Fat**
5. Have not discovered the **Right Game Plan**

COACH JC

YOU DESERVE TO WIN!

Philippians 4:13

You Can Do ALL Things!

Now is your time to start WINNING my friend!

1 Timothy 4:14 - *“Do Not Neglect The Gift That Is Inside You!”*

John 10:10 says that the thief comes to steal, kill and destroy. Many Christians are losing because they don't have control of their physical body.

I am passionate about helping you as a Christian WIN in your physical body so that you can fulfill what you were called to do on this Earth.

Satan is attacking Christians in their physical bodies and stealing their health and life. Look around the church, my friend, and you will see that now is the time. It is time for Christians to take a stand and start winning in their health and WINNING more in life!

WIN?

What does it take to WIN as a CHRISTIAN?

*WIN in your Spirit(Spiritually) .

*WIN in your Mind (Mentally).

*WIN in your Body(Physically).

I am not here to speak to you about the spiritual side of it...

I'm going to show you how to WIN physically, WIN in your body so that you can WIN as a Christian.

“SAY WHAT?”

“Come on Coach JC!”

I know what some of you are thinking...

“Who is this dude trying to talk about the physical body? I rebuke this guy...I cast this fleshly spirit out of here!”

I get it!

-It's a delicate subject in the church -Why is this?

-Lot's of Christians avoid it - Why is this?

-Preachers don't talk about it - Why is this?

We sit in the church, some of us 3- 6 days a week, everytime the doors are open and we get fed spiritually. There is nothing wrong with that and I'm all for it. But let me pose a quick question...

What good is it if we cannot fulfill what we were called to do? You only need to get saved once.

Christians everyday are losing in life because they do not have control of their health and I believe that Satan loves this!

You see, we get spiritually fed... and even spiritually fat but what good is that if we are not fulfilling what God has called us to do on this earth?

Satan is using health related diseases and obesity, and attacking Christians to take Christians out early...it's the silent assassin.

"Go ahead, sit in church all day neglecting your physical body and I will creep in and attack you all day long."

The Bible says in John 10:10 that the enemy comes to steal kill and destroy!!

If you take a look around the churches of America you will see that he is doing this in Christians and doing it by attacking many of us physically.

He knows that if he can steal your energy, rob you of your health that he can steal you of your self worth, kill your motivation, destroy your desire to even care about your health and take you out early. Not any longer!

WHY DO WE EXIST?

As Christians we exist for 2 reasons...

1. To share the Gospel
2. To live an abundant life

You see the second part of John 10:10 says, "but I have come that you may have life and have it to the fullest"

It's God's desire that you live an abundant life!

Many Christians, due to the lack of their health are not living the abundant life and are not fulfilling what God called them to do on this Earth.

It's Gods Desire for you To WIN as a Christian.

It's Gods desire for you to WIN physically and be in health, to live a life of quality, pain free, full of energy, a life of longevity, a life of abundance...

3 John 1:2: Beloved I wish that you may be in health and prosper just as your soul prospers.

What that is saying is that "I desire for you to be as strong physically as you are spiritually."

"I want for you to WIN in your physical body."

Start WINNING More as a Christian

Before I show you how to start winning, I want to reveal 5 reasons that I have found why most Christians are losing in their physical body. For you to start winning you will first need to make the choice to stop losing.

5 REASONS

WHY MANYCHRISTIANS ARE LOSING

1. Excuse Makers

You can either get results or make excuses. As a society we have made it very easy for people to use excuses from keeping them from getting results. Starting

today, you will choose to stop making excuses and start winning. Accept no more excuses. Start to eliminate the words, “I Can’t”, “Impossible”, and “But” from your vocabulary. What excuses have you been using that has kept you from winning in your physical body?

2. **Blame & Complain**

So many people choose to blame and complain rather than focus on what God has called them to do. If you are not winning in your body starting today, you need to take full responsibility and no longer blame anyone else. It’s not your spouse’s fault, your kid’s fault, or your schedule’s fault. Own the moment and start winning today. Listen, taking control of your health and your body is not going to be easy. Nothing worth it in life is easy. Starting today make a choice to stop complaining and start winning. It’s not too hot or too cold. You are going to be sore and it’s not always going to be fun but it will be worth it.

3. **Lazy**

As Christians, we have become complacent when it comes to our physical body. Being lazy is a disease and it is keeping Christians from winning in their body and in life. Laziness is a negative attitude that Satan will continue to use to cripple Christians. Laziness is a state of mind that you have to accept and just as you chose to accept it, you can choose to no longer accept it. Starting today, do something that is uncomfortable to get you out of this state of laziness. You deserve it!

4. **Spiritually Fat**

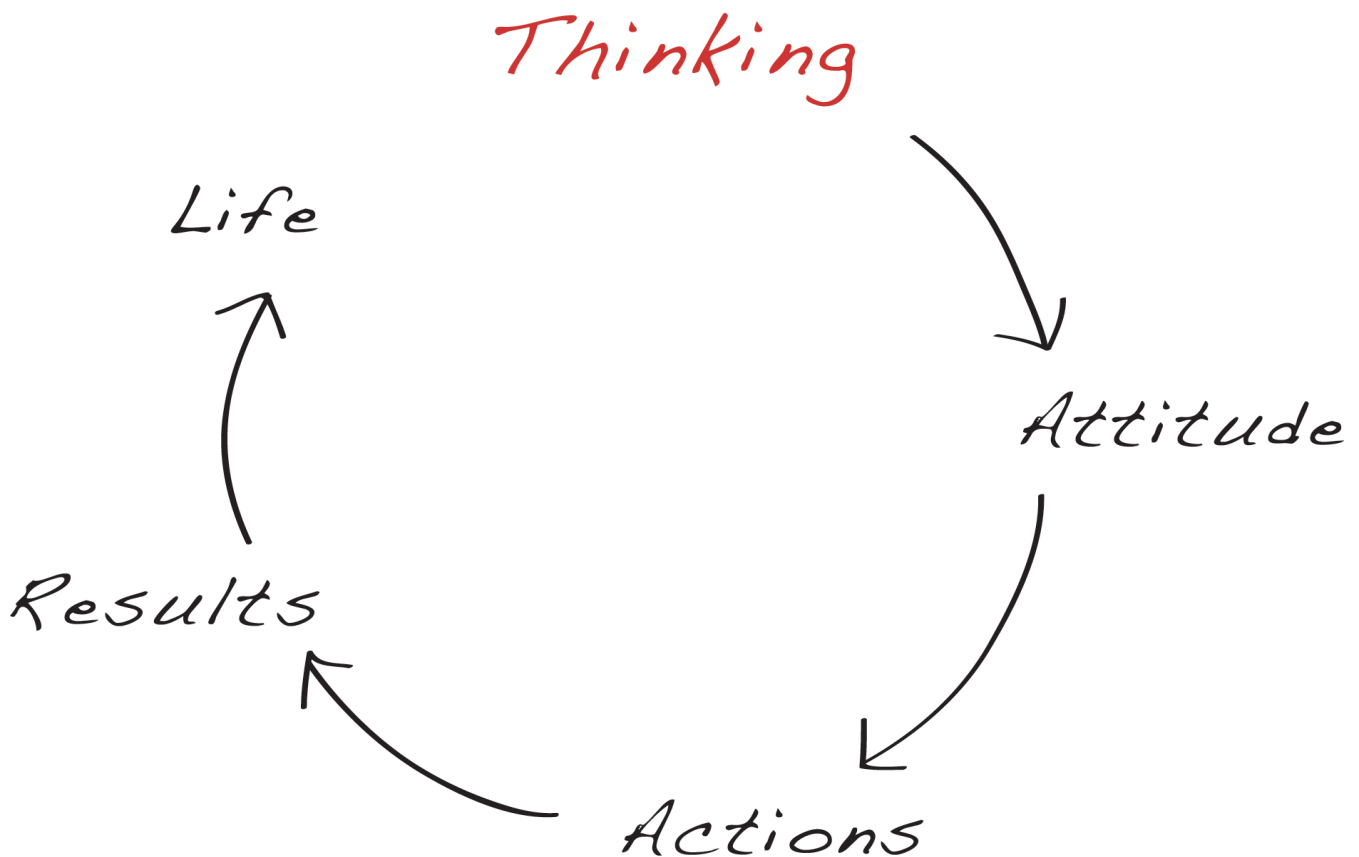
As Christians we go to church 3-5 days a week and we get fed spiritually. We know the Word and the power of it. We spend many hours a day praying. Listen, I am all about being in church every time the doors are open and all about the power of prayer. Last time I checked you only get saved once. What good is all this spiritual wisdom if we do not have control of our health to go out and spread the Good News. Starting today do not allow being on point spiritually to become an excuse of why you don't need to take care of your body. They go hand in hand...it's about a balance. There is a crossover effect that once you start to become more disciplined in your physical body, you will notice you become more disciplined in your spirit man as well.

5. **The Right Game Plan**

Many people have failed over and over when it comes to getting results in their physical body and because of this have given up. Everywhere you turn they are telling you about the latest and greatest diet, the next up and coming infomercial gadget, and all the exercise programs can be overwhelming. There are a lot of really good programs out there and there are a lot of really bad ones. If you have lost hope or have very little hope that it is possible I want to encourage you, YOU CAN DO IT! I have GREAT NEWS for you! I have a game plan that has worked for thousands of people worldwide and will work for you.

START WINNING NOW

Change Your Thinking... **Change Your Life!**



So how do you start WINNING more as a Christian so that you can fulfill what you know you were called to do here on earth and one day hear, ***“Well Done My Good and Faithful Servant!”***

The best and only way to speed up your WINNING percentage is to change your THINKING. PERIOD! Every action starts with a thought. Romans 12:2 style to be transformed by the renewing of your mind! Your thinking and mindset is about **75%** of the game when it comes to how your body looks, feels and performs. **Yes, your MINDSET is that powerful!**

Now don't expect to just start thinking perfectly tomorrow, just like you train your body, you have got to train your mind. It's all about mastering a few, small simple, disciplined things over and over again.

Begin by building up to making better choices than the day before. Conquer one day at a time and those small things over time will become very large ones.

It's all about developing healthy thinking habits that will eventually become part of your **NEW** lifestyle.

Once you change the way you **THINK** about any area of your life, you will create the right **ATTITUDE** on how to win, and begin to execute the proper **ACTIONS** so that you can get the **RESULTS** that you desire and deserve and ultimately live the **LIFE** that God created you to live!

So, where do I come in? Great question! This is what I do my friend!

Now I would like to introduce myself so that you can see how I personally have implemented these same Biblical principles and am WINNING as a Christian and love to help others do the same.

Meet Coach JC

“Once you change your thinking you can change your life!”



Hey WINNER! My mission in life is to help as many people as possible WIN and live the best life possible.

You can have anything you desire in life. No dream is too big or goal too high.

I am blessed and privileged on a daily basis to help people perform at a higher level and WIN in life. I get to do this through coaching, speaking, my books and products, and the awesome life of social media.

I love what I do! If we get to work together you will be able to see my passion...living life and helping others!

**“You can WIN and I will show you how-
let’s get started today!”**

I've been empowering people to WIN for over 13 years by coaching them to overcome obstacles, breakthrough limitations and create "The Winning Mindset." I have been privileged to train people of all walks of life and some of the top athletes and corporate and church leaders in the country through private coaching, consulting and motivational speaking.

You can check out my full bio if you like to read – [COACH JC BIO](#).

If you're ready to rock and roll and start WINNING by Creating The Winning Mindset, than let's get after it... [Start WINNING with Coach JC's Coaching](#).

Once I started winning in my own life, I knew that I discover the secret to winning in life and had to share it with as many people that would listen. I decided that being an author would be really cool and a good way to reach more people so I wrote a few books... ***The Secret to Real Success, The Secret to Real Weightloss Success and The Secret to Real Athlete Success.***

You can check these books out along with some other products that can help you win- [Coach JC's Books and Products](#).

Before becoming a coach, an author, and a motivational speaker, I was a fighter. Not a boxer or even in the MMA world but had fight to overcome many obstacles in my own life. By the age of 25 , I discovered how to turn what looked like a severe loss in my own life into a WIN. As a result, I discovered my own coaching system, "How To Create The Winning Mindset." Now I get to speak and share this message all over the world with churches, colleges, athletic teams, and organizations of all kinds. I get to meet some awesome people as well. If you would like some more WINNING in your life I would love to come speak for your organization. [COACH JC Speaking](#)

If you want to be motivated and inspired to do BIGGER things and create more WIN'S in your life then you have to check out MY STORY. I promise you wont be bored...Growing up on the Jersey Shore as a short white boy aspiring to be a rapper or play in the NBA can't be boring. Check it out... [Coach JC's STORY](#)

Let's connect my friend! I promise you my 13 year old daughter teaches me something new every day when it comes to social media so I'm pretty good now... I still get to inspire thousands of people every day on television, radio, speaking engagements and through the social media world of over 90,000 loyal friends and fans on Facebook, Twitter and Instagram and over a million video views on You Tube.

Connect with me through SOCIAL MEDIA and get WINNING messages everyday!

I started my career as the youngest strength and conditioning coach in the nation at the Division 1 level and later created Dynamic Sports Development, one of the top training facilities in the country for athletes from age 9 to the pro's. I also have been super blessed to help transform thousands of women's lives with Tulsa's first outdoor fitness program, Bootcamp Tulsa.

If you're a female that needs to be EMPOWERED in Fitness, Nutrition & Life let's WIN at [BOOTCAMP TULSA](#). If your an athlete that is SERIOUS about getting SERIOUS results so that you can WIN on the field and WIN in life let's do it at [DYNAMIC SPORTS DEVELOPMENT](#).

I am a ridiculously compassionate person that has a passion for giving back which inspired me to create an 8-week body transformation program for churches across America called The Secret To REAL Weight-loss Success FOR CHRISTIANS. I am on a mission to empower Christians across the country to WIN in their body, mind and spirit! Check it out... [CHRISTIAN WEIGHT LOSS SUCCESS](#)

My proudest accomplishment is being a husband to my beautiful wife, Jodi and being a proud father to my sunshine, my beautiful daughter, Alivia.

If you want to WIN but rather talk to a human then just give us a shout - [Contact Coach JC](#).

Speaking

If you are looking for a dynamic speaker who will EMPOWER, INSPIRE and MOTIVATE your audience Coach JC is your man!



Coach JC customizes his message to connect with your audience to get them excited to WIN and take massive action. If you want your audience to WIN so that they can perform at a higher level then Coach JC is your speaker.

Coach JC will show your audience how to WIN by Creating The Winning Mindset and by giving them take away action steps to take it to the next level in their performance. Coach JC is an event planners dream as he works with you to make sure you get exactly what you are looking for so that your audience will THANK YOU for bringing him in!

Coach JC is one of the most sought after Christian Motivational Speakers in the World. His message is in season and has been revolutionizing churches and Christians to take action and WIN.

Working with Coach JC is as easy as 1, 2, 3...

**Check Coach JC out in action from one of his most popular talks,
“How To WIN as a Christian”**

<http://youtu.be/A7o0GhKFviA>

1. CHOOSE YOUR PROGRAM.

[How To Create The Winning Mindset So That You Can WIN as a CHRISTIAN and WIN in Life!](#)

Your audience will learn Motivated, Inspired and Empowered to WIN!

(45-60 Min) – Great talk for church congregations & faith based organizations.

The Secret To WIN as a CHRISTIAN in BUSINESS and in LIFE

Your audience will learn how to Create The Winning Mindset so that they can WIN in business and in life!

(60-90 Min) – Great talk for church Marketplace Ministry's and business meetings.

The Secret To REAL Weight Loss Success For CHRISTIANS

Your audience will learn how to WIN as a Christian in their health and why this is absolutely necessary for them to WIN as a Christian.

(45-90 Min) – Great talk for church congregations and faith based organizations

Check out why Coach JC's talk, "**WIN IN YOUR Body-WIN IN LIFE**" is revolutionizing churches across America

<http://youtu.be/cl2dFQC8jh4>

2. Request Coach JC By Filling out Booking Form.

[REQUEST NOW](#)

3. We Will Call You To Make It Happen. (Someone will be contacting you within 48 hours of your booking form being submitted)

My goal is to deliver a life-changing message that will leave your audience talking about it and taking massive action to WIN in life. I also want to make you look like even more of a genius than you already are for bringing me in as a speaker

-Coach JC

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