Jonathan Conneely aka, "Coach JC" Lifestyle Transformation Coach

Creating a Gameplan for Your life!

Coach JC , Your Lifestyle Transformation Coach coaches people on a daily basis on how to experience Optimal Wellness and True Success in their life!

As a Lifestyle Fitness and Strength Coach, Coach JC's No Nonsense, No Excuse approach has been transforming lives for over 10 years now.

As an established Author, Speaker, and Lifestyle Fitness Coach he is regarded as one of the top Coaches in the entire country. He has been assisting individuals from all walks of life to "Take it to the next level!" Coach JC motivates people to take control of their life by taking control of their health. Coach JC has a passion for helping people live their life to the fullest.

He is the Founder and President of JJC Enterprises, LLC. He is the Founder of the well-recognized Sports Performance Company, Dynamic Sports Development and the Founder of Bootcamp Tulsa, Tulsa's first ever, outdoor fitness program. Bootcamp Tulsa has been named one of the country's Top 10 outdoor Fitness Bootcamps.

In addition, Coach JC is the Director of Strength & Conditioning at a division 1 institution and a Developer of The Health4life Transformation Challenge. Coach JC's coaching philosophy remains consistent in that he is dedicated to providing the tools necessary to empower individuals to create ultimate Lifestyle Changes.

Coach JC's qualifications include: a bachelors of science degree, a Life Coach Certification, multiple coaching, sports performance and fitness certifications, with none more valuable than his 10 years in the trenches. He is the author of **The Secret To Real Weight Loss Success**, *Your 27 Day Body Transformation Gameplan*, Co-author of the well recognized personal development book, **The Code**, as well as countless articles. He has also been a consultant to Professional Athletes, Pageant Contestants, Business Men, Entrepreneurs, Pastors, and others just like you.

Coach JC also inspires and coaches young entrepreneurs about realizing your dreams and turning your passion into profits! He will show you how you can profit doing what you love to do, run your businesses with integrity, and make money at the same time!

If you would like to learn more about Coach JC, please visit one of the following sites:

www.CoachJC.com www.BootcampTulsa.com www.DynamicSportsDevelopment.com www.SecretToREALWeightLossBook.com

Coach JC is available for speaking engagements, life success coaching, radio and television interviews, and much more. Please contact us to make Coach JC part of your life!

Please contact Jodi

Please contact Jodi 918 528 4296 Info@CoachJC.com